



Term 1 Week 9 28/03/2024

Para Meadows School Newsletter

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Dear Parents and Carers,

What a wonderful Easter Hat Parade, it was lovely to see so many happy proud parents and colourful student creations worn on excited students. Thank you to all the Primary staff for creating wonderful memories for the students and their families. A job well done!

WORLD AUTISM UNDERSTANDING DAY

Developed in 2007 by the United Nations (UN), World Autism Awareness Day is celebrated each year on 2 April .

The colour and symbol used by the Autistic community is the infinity symbol, in rainbow or gold.

The infinity symbol is used to represent inclusion of all people. The broader neurodiversity movement also uses the rainbow infinity symbol.

Rainbow is to reflect the diversity of the autism spectrum.

Gold – 'Au' is the symbol for the chemical element, gold. Additionally, the Autistic community consider themselves rare and valuable, just like gold.

So get your rainbow or your gold fashion ready and wear with pride on Tuesday the 2nd of April (next week), and celebrate our rare and valuable students.

Healthy Lunch box snacks

Avoid the trap of filling your child's lunchbox with items such as biscuits, chips, cakes, chocolate bars that are high in energy (kilojoules), saturated fat, salt and sugar and offer little nutritional value.

A few tips for healthy lunchbox snacks:

- Keep it small – they should be just enough to get kids through until their next meal, not a meal themselves.
- Think like a kid – choose snacks that kids can eat easily without too much fuss, they are more likely to eat them!
- Be creative – display fruit and veg in a fun way.



BUCKY NEWS

Congratulations to Clyde and Taylor and all the other students in High School 9 for being peaceful and using a quiet voice. Over the next few weeks we will be working on being proud and doing my best work.

Expectations for digital communication

The department is committed to limiting work-related communications with teachers outside of regular school operating hours.

Teaching is a unique profession that has always involved maintaining relationships with parents and carers, along with work inside and outside of school operating hours. The proliferation of email, mobile devices and social media have often made our jobs easier and continue to provide unique learning opportunities. However, it's now much easier for the department, parents, and teachers to contact each other and, combined with an increasing social expectation for instant response, this presents a significant intrusion into what was previously personal time.

I have included a letter with the school expectations for future communications. Thank you for your understanding.



EASTER EGG RAFFLE

Thank you to the P & C for organising the raffle we had 40 prizes that have been won today, so hoping many happy families and students for the upcoming long weekend.

Best regards for the upcoming fortnight, Gill



WORLD AUTISM AWARENESS DAY

**DIVERSITY IS
OUR STRENGTH**

COME DRESSED IN GOLD OR
RAINBOW

• 2ND OF APRIL •



Hi Everyone,

Welcome back! Hopefully you all had an enjoyable break and are ready for a great year of reading.

Ordering is easy to do. The Book Club LOOP allows parents to order online and pay by credit card, alternatively you can pay by cash.

To order online go to scholastic.com.au/loop or you can download the LOOP app.

If paying by cash please include the order form and correct money in an envelope labelled with your child's name, class and amount of money enclosed.

Louise Ward Co-ordinator

Attention Canteen volunteers:

If you are unable to attend your day please
phone Tracy on 0438273836
CANTEEN ROSTER



Fri 29th Mar	CLOSED — PUBLIC HOLIDAY
Mon 01 Apr	CLOSED — PUBLIC HOLIDAY
Tues 02 Apr	Jean
CLOSED	
Thurs 04 Apr	Rita Rapley
Fri 05 Apr	Coral and Jean
Mon 08 Apr	Gloria
Tues 26th Mar	Jean
CLOSED	
Thurs 11 Apr	Rita Rapley
Fri 12 Apr	Tegan & Rita Rapley Last day of school



Student Pages



High School 8

High school 8 this term for visual arts have been working on 2D art.

They learned about the lightness and darkness of an object and how still life objects can cast a shadow. They added white to a colour to make the colour change from dark to lighter and practising drawing still life objects.

Once all these techniques had been mastered they completed a 2D art collage. They ripped up newspaper to create a background, coloured their still life objects using light and dark hues of colour and pasted the pieces against the background. To finish they used black charcoal to draw a shadow on the dark side of the object to give the effect of the object casting a shadow. The students did a fantastic job!



After School Care & Vacation Care

→ Para Meadows

AFTER SCHOOL CARE

Tuesday–Thursday
3:00pm–6:00pm
(during the school term)



Other Illawarra facilities

VACATION CARE

Monday–Friday
8:30am–4:30pm
(2 weeks between terms and last 3 weeks in January)

For more info phone: **1300 347 224** | Email: ilsrecprograms@disabilitytrust.org.au

IT'S TIME FOR

Razzamatazz

VARIETY SHOW

TICKET REQUEST FOR THE RAZZAMATAZZ VARIETY SHOW

Hosted by ROTARY CLUB OF FAIRY MEADOW

Sponsored by THE LOCAL BUSINESS COMMUNITY

LOCATION: WOONANA BULLI RSL - 455 PRINCES HIGHWAY, WOONONA 2517

SHOW TIME: **SATURDAY** 20TH APRIL - 11am, 2pm & 5.30pm / **SUNDAY** 21ST APRIL - 11am & 2pm

(PLEASE INDICATE WHICH SESSION BELOW) ON THE RECEIPT OF THIS EMAIL, THE TICKETS WILL BE POSTED TO YOU. PLEASE ENSURE YOU INCLUDE YOUR POSTAL ADDRESS.

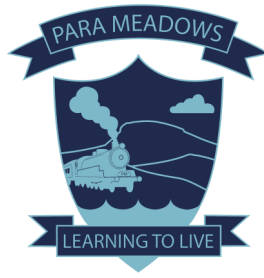
Any queries, please contact PROJECT ADMINISTRATOR DIANA IWIC 0432 633 582

Affiliated Organisation/Family/School:

Ticket Holder Details:	
Main Contact's name:	
Mobile Number:	
Email Address:	
Postal Address:	
Session Time: (Please Circle)	
Number of Tickets Required:	
GET YOUR ORDERS IN EARLY TO ALLOW FOR DELIVERY TIME. PLEASE HELP US DISTRIBUTE AS MANY TICKETS AS POSSIBLE.	

NOTE: THIS IS NOT A TICKET. TICKETS WILL BE SENT AFTER ORDERS HAVE BEEN PROCESSED

Tickets are not for sale. Given **FREE** of charge.



Dear Parents and Carers,

You are an important part of our school community. We know that you play a crucial role in helping your child become a motivated learner. Communication between our school and our community is critical for us to partner together.

To give our teachers the opportunity to recharge, spend time with their families and bring their best creative selves to work, we are setting clear expectations for when and how they respond to communication outside school operating hours. This means teachers may not reply to non-emergency messages or emails outside of school operating hours.

Please ring the school or use the school's email address for non-emergencies in the first instance or Class Dojo between the hours of 8:30am and 3:30pm. Our staff will respond to your queries within 2 school days under normal circumstances.

For longer discussions or complex matters, we ask parents and carers to make an appointment to speak to teachers directly, at a time that works best for everyone.

For emergencies, please contact myself or Heather during the school day, we are generally available to 5pm most days. Emergencies include serious student health, safety and wellbeing issues.

Our staff will always stay in touch because open communication is what's best for your child and their education. We don't want you to stop communicating with your teachers – we still want to hear from you if you have any questions or need to discuss a matter about your child. We know it's often easier to send emails or messages after work. We will make sure we read and respond in school operating hours.

Our dedicated teachers want to help our students achieve their best – we're on the same team.

Thank you for treating our staff with kindness and respect.

Kind regards,

Gillian Hendry