



Para Meadows School Newsletter

Week 8

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27/11/12

Dear Parents and Carers,

The demountable buildings were removed last Thursday which marks the beginning of the building project to build 4 new High School classrooms .

Going,



Going,

Gone!



Hot Shots

Congratulations to all Hot Shot award recipients! Ten students who have reached Gold Hot Shot level joined me for morning tea with the principal. *Thank you also to the P & C for supporting this program.*



Congratulations Barbara Taylor on receiving your **20 year Certificate of Service**. Well done!

Volunteers Assembly & Morning Tea

A 'Thank You' assembly for **volunteers, P&C members, Canteen workers and bus personnel** will be held on **Friday 7th December at 9:30am**, followed by morning tea. *Hope to see everyone there!*



Health

Just a reminder that it is **very important** to inform the school of any changes to your contact details or health status of your child. As you know we collect detailed information about your child at the beginning of the year. It is important to let your child's teacher know of any changes. *New forms will then be sent out for you to update at the beginning of 2013.*

Have a great week with your family, Linda McLaughlin

P&C News

Next meeting is on **Wednesday 20 Feb, 2013 at 9:30am**. *All Welcome!*

Canteen Volunteers are needed for 2013 to keep the canteen running smoothly in 2013. Please consider volunteering one day a month to help run the P & Cs canteen.

Martina Boon is the new canteen coordinator for 2013 and is looking for new people to volunteer.

CHRISTMAS RAFFLE

As you are aware the P&C are holding a Christmas Raffle on the 14th of December, 2012 at Assembly. **We would like to invite Parents and Carers to help with gift wrapping on Wednesday 12th December, 2012 at 9:30am**. If you are able to help out with the wrapping please do come along.

High School 1 and 2, staff, students and parents/carers would like to sincerely thank the parents and carers of Para Meadows School for your support during our fundraising activities to help to keep the costs down for the camp. Our **sausage sizzle raised \$230** over the two weeks, our **family portraits raised \$300** and the Para Meadows **P&C very kindly donated \$500** towards the camp. **A thank you also to the family that donated the money for the family portraits as they were unable to come.**



On Wednesday we will have a cake stall at recess with cakes, ice-cream, slices, jelly cups etc. from .50c to \$1.00.

HS1 and 2 will be off to camp Monday 3rd December for 3 days. We are all looking forward to the Berry Sport and Recreation camp. I'm sure we will have some great photographs for you soon.

The P&C will be doing the Family Portraits next year around the same time for the families that either missed out or were unable to attend.

Thanking you for all your generosity. Cheryl, Chris D, Heather and Chris



Last Friday the school band entertained staff and customers at Illawarra Credit Union's 40th birthday celebrations. The Credit Union has supported our school for a number of years, and it was through their generosity that the band was able to be established. I would especially like to thank the staff at ICU who have made both cash and equipment donations to our school this year.

DOES YOUR CHILD HAVE ASTHMA?

EMERGENCY DEPARTMENT presentations for asthma increase dramatically when children return to school in February.

FOR MORE INFORMATION- PHONE THE CHILDRENS ASTHMA EDUCATORS ON: 1300 792 755

Attention Canteen volunteers:

If you are unable to attend your day please phone Trish on 42263942



Make your child "Ready for School" by :

- 1. Regular review by GP before school starts**
- 2. Review and understanding of asthma medications and symptoms**
- 3. Review and update of asthma action plan**

Quenching your child's thirst

In the coming summer months what are the best drinks to prevent dehydration? And do you know the recommended daily intake of water for your child's age?

Find out the facts: [http://](http://www.healthykids.nsw.gov.au/kids-teens/stats-and-facts-teens/teens-nutrition/drinks-for-hydration.aspx)

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November/December CANTEEN ROSTER	
Tue 27 Nov	??
Wed 28 Nov: CLOSED	
Thu 29 Nov	Donna G
Fri 30 Nov	Trish & Dimitria
Mon 3 Dec	Heather & Donna
Tue 4 Dec	Karen & Beryl
Wed 5 Dec: CLOSED	
Thu 6 Dec	Tracy
Fri 7 Dec	Pat
Mon 10 Dec	Suzie
Tue 11 Dec	Kayleen
Wed 12 Dec: CLOSED	
Thu 13 Dec	Lynne
Fri 14 Dec	Trish & Amanda
CLOSED 17/18/19 DECEMBER	

Para Meadows Ex-Students Group Dates 2012

28th November	12th December—Xmas Party
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Please contact Genoveve on 0417 651 862 for any questions. Held at Para Meadows school hall from 7pm-9pm every fortnight on a Wednesday night. \$3 fees and there's drinks and chips if you wish to purchase. Light supper supplied.