

Para Meadows School Newsletter

Week 3

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9/5/17

Dear Parents & Carers,

As we transition from autumn to winter the weather and temperature between leaving home in the mornings and lunch time play can vary considerably.

Can all students come with a jumper and long pants if they prefer to still wear the summer uniform, and a short sleeved shirt and shorts if they prefer to start the day in the winter uniform.

HEALTH CONCERNS

MEASLES

Areas of NSW, in particular western Sydney, have recently experienced an outbreak of measles. Measles is a highly contagious viral disease which can have serious complications. An [infectious disease alert](#) was issued by NSW Health, notifying the public of the outbreak and recent locations visited by those affected by the virus. NSW Health is urging people to take advantage of the free measles vaccine, available at GPs, and to look out for measles symptoms.

Symptoms to watch for include:

- Fever
- Sore eyes
- Cough
- Following fever, sore eyes and cough - a red, blotchy rash typically spreading from the neck to the rest of the body that follows three to four days later.

Measles is mostly spread by coughing and sneezing. Students and staff who have been in close proximity to individuals with measles should be monitored, and consult with a doctor if they are showing signs of any of the symptoms mentioned above.

NITS

A very common problem that has cursed everyone's home at one stage or another. Please can you let your class teacher know if your family have been affected as we can sometimes alleviate the spread between

students by minimizing sharing of equipment and clothing (hats).

The most effective treatment recommended by Westmead Hospital is the "conditioner and comb" treatment, which involves combing conditioner through an infestation and dunking all lice and eggs in hot water to kill them.

A complete getting rid of headlice regime consists of two treatments, a week or so apart. The first treatment kills the climbers, and the second kills the juvenile lice hatched from the eggs over the intervening week.

In all headlice cases a second treatment is needed as no head lice treatment kills 100% of the eggs. So if the first treatment killed all climbers, at the second treatment one would expect only juveniles, hatched from eggs during the seven day period, and no adults.

Fortunately the critters cannot live for more than one day off a human head.

That means that a head lice infestation does NOT require washing and cleaning around the house, just changing bed linen.

PROLOQUO2GO SHARING SESSIONS

The planned parent sharing meeting for the 19th of May will need to be postponed until the 26th of May as Lisa and Heather will be at the AGOSCI conference in Melbourne learning about more breakthrough advances in communication.

P&C NEWS

Next Meeting:

Wed 7th of June, 2017 at 9:30am

All Welcome

Banking Rewards for Term2

either:

(1) 3D Chalk Set

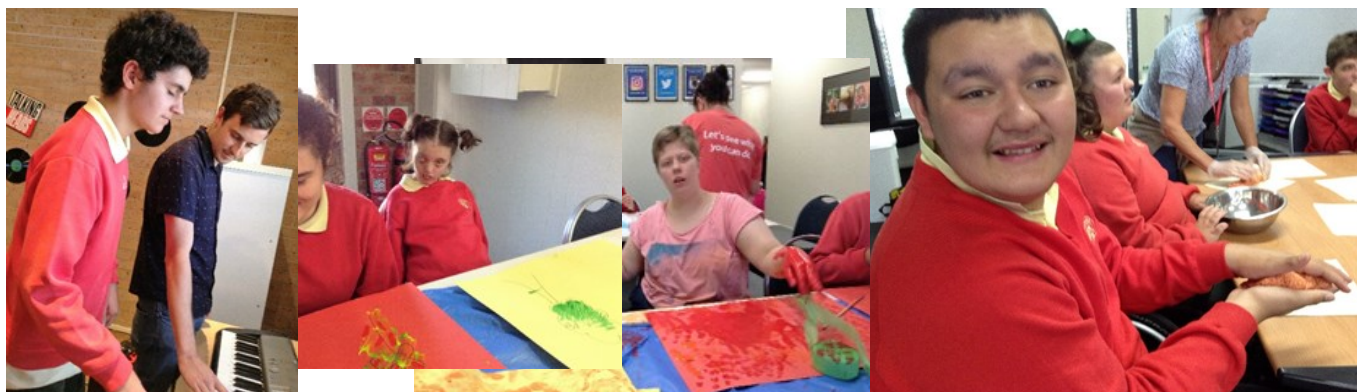
OR

(2) Tablet Case

If you achieve 10 deposits!

CAREERS CORNER

Term 2 is proving to be a very busy term. On Mondays starting next week, the WOW Programme commences with our workers going to Greenhouse Park in Wollongong. There they will work with other schools learning how to develop, maintain and recycle the garden beds. Students are to wear long sleeve shirts, long pants and closed shoes and hats. Gloves will be provided. They will have time to have their morning tea before they go and will be back in time for lunch. On Tuesdays, some students are attending a taster course at Flagstaff where they have been working in the different departments. On Thursday, 2 of our senior students have been joining other school students at Greenacres to participate in the Joblink programme.



On Fridays, a big group from Year 11 and 12 have been travelling to Northcott in Oak Flats for a taster course. Judging by the photographs, a lot of fun has been had at the course.

On 18 May we will be going on the CP Tour – South. Those parents that replied, requesting a seat on the bus, will be notified of a possible time change. There is a small possibility that we could leave later than the planned 8.30 am departure. More information to follow.

Our Transition Officer, Merryl Bennett, will be making contact with our Year 12 parents to arrange times for the 'Assessment' meeting with her. These will be taking place this term.

Happy Mothers Day.

Deb Koppel

Attention Canteen volunteers:

If you are unable to attend your day please phone Tracy on 0438273836



Thu 11May	Tracy
Fri 12May	Paula & John
Mon 15May	Blay Meh & Mary
Tue 16May	Jean
CLOSED	
Thu 18May	Jessica G
Fri 19May	Paula & John
Mon 22May	Paula & John
Tue 23May	Leyna
CLOSED	
Thu 25May	Tracy
Fri 26May	Mareanna & Mum

Para Meadows Ex-Students Group

Anyone interested in joining the group in 2017 please contact Genevieve on **0417651862** or email: genovevecertificate@yahoo.com.au

You will be most welcome to come along and join in the fun with lots of social activities! Open to all school leavers and adults with a disability.

Held at Para Meadows school hall from 7pm-9pm every fortnight on a Wednesday night, \$3 to attend. There are drinks and chips to purchase and we also serve a light supper.

Dates for 2017:

10May/24May/07Jun/21Jun/05Jul/19Jul/02Aug/16Aug/30Aug/13Sep/27Sep/11Oct/25Oct/08Nov/22Nov/06Dec (Xmas party)

VOLUNTEERS NEEDED

If you are interested in helping out please contact Genoveve Vieira on 0417651862 or email genovevecertificate@yahoo.com.au