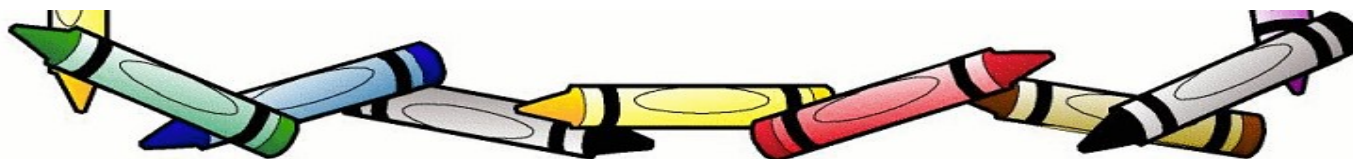




Week 9 Term 3 17/9/2019

Para Meadows School Newsletter

56 Porter Street, North Wollongong, NSW, 2500
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Website: www.parameadow-s.schools.nsw.edu.au



Dear Parents and Carers

Once again we seem to have had a very sporty few weeks at Para Meadows!

I would like to thank Susie Fisher for liaising with TIGS staff and organising a very successful high school sports skills session last Wednesday. We had 70 TIGS students assisting us.

Our Primary students are participating in the Sports Ready program this term.

Bike riding lessons continue once a fortnight with Bryan Goddard from Thirroul BikeWorx. If you would like your child to participate in a bike riding skills and safety program please make enquiries with your child's class teacher.

Last week we had a visit from two members of the St George Dragons team. Students loved the opportunity to kick and pass with the visitors.

This week some of our senior students are at Snow camp with Gill, Karleen, Kristie and Sheryl. We hope they have lots of snowy fun!

ABILITY ARTISTS EXHIBITION

Many of our students had the opportunity to show off their artworks in this years exhibition thanks to Sabine Kelly's organisation. Four students will be presented with their prize in next weeks assembly. If you missed the exhibition you will have an opportunity to see all of the artworks next term .



Bucky News



Weeks 7&8

Congratulations to Tanya Binoy and the students in High School 2 for being peaceful and waiting quietly.

For the rest of term our students will be working on being proud by wearing their school uniform.

SCHOOL CANTEEN

We continue to be in desperate need for volunteers to sign up and commit to a day a month or term , to serve our students and raise funds to support class programs.

I hope that you all have a restful and enjoyable Spring Break. Students will come back to school on Monday 14th of October.

Thanks for all your support this term.

Heather Loosemore



“Heads Up” from Merry!

“Heads Up” is a quick reminder or hint that families may find useful.

Last Thursday parents met with NDIS service providers to discuss post school options and the transition process for their students.

Sharon Bird is the local Federal Member for Cunningham. A representative from Sharon’s office attended the meetings on Thursday.

If you are having problems with the NDIS and would like Sharon’s assistance please contact her on:

Ph: 4228 5899

Email: sharon.bird@aph.gov.au (use Para Meadows in the subject line)

Office: 74 Crown St, Wollongong

A note from Fire and Rescue NSW:

Are you aware that smoke alarms are now a government requirement in every house/mobile home/caravan in NSW?

Are you aware that approximately ten percent of all fire-related fatalities had a disability?

(source: SABRE Program Guide Version 04.02)

You may be eligible for the SABRE (Smoke Alarm and Battery Replacement) program –Check with your local FRNSW station.

FRNSW also now do Home Fire Safety Checks? The local FRNSW crew can come to your home and assist with the placement of smoke alarms, fire risk and any other fire safety related issues.

Contact your local FRNSW station for further information or

FRNSW website: www.fire.nsw.gov.au

I have a limited number of copies of the Fire Safety and Prevention in the Home booklets.

If you would like one of these please contact me via email

merryl.bennett@det.nsw.edu.au

School Banking

There will be no banking on Friday 20th September.

Attention Canteen volunteers:

If you are unable to attend your day please phone Tracy on 0438273836
CANTEEN ROSTER



Thu 19th Sept	Jessica
Fri 20th Sept	Rita & Rita
Mon 23rd Sept	Juliette & Jo
Tues 24th Sept	Jean
Closed	
Thu 26th Sept	Susanna
Fri 27th Sept	Tracy & Rita
Holidays	
Closed	



A HIP HOP DANCE PROGRAM FOR KIDS
WITH AUTISM, DOWN SYNDROME, SENSORY PROCESSING DISORDER AND OTHER
INDIVIDUAL LEARNING DIFFERENCES & PHYSICAL CHALLENGES

Dance classes are specifically designed to help support your child's existing therapy goals. Through exciting movements rhythm lesson, your child will work on, Strength and Flexibility, Focus, Gross/fine motor skills, Social Skills, Body Control and awareness, Memory and recall skills, Motor planning, Coordination, Receptive/ Expressive language and much much more.
Parents, Therapists and Siblings are highly encouraged to participate as an assistive buddy at no charge.

**Classes Starting
October 15th 2019
OPENING DAY EVENT!**
CLASS TIMES TUESDAY
4PM - 5PM AGES 3 - 10
5PM - 6PM AGES 11-UP



CONTACT INFO
MELANIE
0404 792 077
CLASS HELD AT:
RIBBONWOOD
CENTER 93 - 109
PRINCESS HWY
DAPTO 2530



HS7



Coby and Sam are working hard making wooden boxes for fathers day gifts (above) and left is the finished result wrapped with cards ready to go home.



Patrick is painting his clay bowl for the Ability Artists art show.

The students created clay bowls to represent healthy food choices in the shape of fruit.



Careers News

Emma, Jack, Mathew, Jayme, Harry and Bryce recently completed a successful taster program at The Hub at Flagstaff. They learnt about setting goals for their future, the expectations of working in the post school environment, and on the last day enjoyed a practical cooking program. Congratulations to all these students!

Last Thursday a group of Stage 5 and 6 students had the opportunity to participate in an ADE Taster program at 3 sites. We visited IVS first, followed by Greenacres and Flagstaff. At each site the students worked independently on set tasks. Each student displayed great attention to detail, followed instructions from the staff and demonstrated exemplary behaviour. They were all excellent representatives from our school.

Next term our Year 12 students will begin additional taster programs at various sites in the Illawarra, helping them to make the decision about their post school life. If parents would like to trial their child at a particular site or day program, please contact Lisa by the end of this term so that we can make the necessary arrangements.

Enjoy a wonderful relaxing holiday before a very busy term 4!

Lisa

