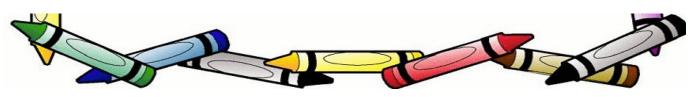


Term 4 Week 5 11/11/2020

# Para Meadows School Newsletter

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Dear parents and carers,

I hope that everyone enjoyed the school photos, it was wonderful to look through and see all the students smiling and engaging with the camera and their peers in the class photos.

We have booked in next year's photos and they will be in week 4 term 1, Monday the 15th of February. A short turn around, however, summer photos are always brighter and more cheerful than winter photos.

## Swim School 2020

Like most things in 2020, we have had to adjust and do things slightly differently. We have been lucky enough to find three swim teachers to come and work over these next four weeks to ensure all the Year 2 to Year 6 students get ten lessons. Gentle reminder on the days when the temperature drops providing an additional jumper (old) helps to keep the students warm as they transition out of the pool area.

## Student Illness

Unfortunately we still are having incidences of vomiting and diarrhoea across the school. Please keep your child home if they have any symptoms for 24 to 48 hours after the last incident. We are increasing our cleaning of the bathrooms across the school to support student health. Can you work with us in hand hygiene and encourage students to wash hands with soap for 20 seconds after using the bathroom; playing outside or with pets; and before eating.

### **Bucky News**







Congratulations Oskar and Javier and the students in Primary 1 for being careful and doing as the teacher asks. Over the next two weeks we will be working on being kind and keeping our hands and feet to ourselves.

## NAIDOC WEEK

Always Was, Always Will Be.



Recognises that First Nations people have occupied and cared for this continent for over 65,000 years.

We want all Australians to celebrate that we have the oldest continuing cultures on the planet and to recognise that their sovereignty was never ceded. NAIDOC Week 2020 acknowledges and celebrates that our nation's story didn't begin with documented European contact whether in 1770 or 1606 - with the arrival of the Dutch on the western coast of the Cape York Peninsula.

Best regards for the upcoming fortnight,

Gill Hendry



This year Primary 6 have engaged in themes of study including an Author Study of Lynley Dodd through shared reading of the Hairy MaClary series in term one and Pamela Allen stories in term two. The students participated in writing about the characters and acting out the stories using puppets, props and their own re-enactments.

Throughout term three, the students learned about Australian animals by reading some classic story books and exploring their features by replicating animals and insects through art. They used stencils and the technique of rolling and sponge painting to create natural looking insects for NAIDOC Week and used recycled, natural and craft materials to create Australian animals as seen in their favourite stories.

This term, Primary 6 are going 'under the sea' as we read and explore flora and fauna found at the beach and in the ocean. The class is beginning to engage in the creation of an ocean set design as we look at the landscapes of the stories as related to our local area. Check out our display in the office!

All students are demonstrating great progress and engagement during English and Mathematics and enjoy engaging in sensory stimulating experiences. They have thoroughly enjoyed their music therapy session with Jack as they experiment playing with a variety of musical instruments that require different skills.







































## IN CASE YOU MISSED IT

## Puberty, Sexuality and Relationships:

A webinar for parents and carers of people with intellectual disability and autism

## Find out how to support your family member's personal development and sexuality in a positive way!



Come join the team at Family Planning NSW for an interactive webinar that will cover issues across the lifespan including:

- Disability and sexuality
- Preparing for puberty
- Decision making and safety
- Taking care of health and hygiene
- Supporting positive and safe sexual expression
- Tips for talking about sex and answering tricky questions

Parents, foster parents, relatives and other unpaid carers of people with intellectual disability and autism spectrum disorders of all ages are welcome.

Unfortunately we are unable to accept registrations from professionals for this event

Visit <u>fpnsw.org.au/education-training</u> to check out courses for support workers, teachers and other professionals.

#### Date & time:

Tuesday November 17th Morning session - 10:00am - 12:30pm Wednesday December 2nd

Evening session - 5:00pm - 7:30pm

Venue: Zoom link provided on registration

#### Cost:

These courses are funded by the Hunter New England & Nepean Blue Mountains Local Health Districts



For more information: Erin Donnelly Family Planning NSW E: erind@fpnsw.org.au

Click here to register online

#### **Attention Canteen volunteers:**

If you are unable to attend your day please phone Tracy on 0438273836 CANTEEN ROSTER



Thurs 12th Nov	Susanna
Fri 13th Nov	Тгасеу
Mon 16th Nov	Adriana
Tues 17th Nov	Nichole S
CLOSED	
Thurs 19th Nov	Rita
Fri 20th Nov	Тгасу
Mon 23rd Nov	Adriana
Tues 24th Nov	Jean
CLOSED	
Thurs 26th Nov	Jessica G
Fri 27th Nov	John

## Presentations and Assemblies (STUDENT ONLY)

Year 6 Graduation- Wednesday 25/11/2020

In school presentation in class groupings1.30-2.30pm followed by a disco with individual snack food provided, parents will be given a video and photos later. Students will go home a normal after.

## NAIDOC ASSEMBLY– Thursday 10/12/2020

Selected class groupings will be having a short assembly on Thursday the 10th of December to present two students with their Deadly Awards to celebrate student achievements.

## Presentation Assembly-Monday 14/12/2020

Currently this will be a student only event for those students receiving an award. We will video the presentation and provide these individually on class dojo.

## Year 12 Graduation Assembly

We are allowing (2) parents to attend a small assembly, with strict guidelines in place around seating and photos and the receiving of student portfolios. If you have not been informed please contact Belinda Stiebel (AP) to get the finer details.

## School to Work

For secondary students with disability

#### Are you a parent or family member of a secondary student with disability and are considering their future after school?

Many people with disability don't have the same opportunity to obtain real employmer with many attending a day program or sheltered workshops after school. Employment opportunities are available for ALL people regardless of their disability.

This project will show you how...

School to Work aims to inspire, increase the confidence of and motivate students with disability and their families to make a start on the road to meaninglu, paid employment in the community. Our free, introductory webinars are now open for registration:

#### Imagining Work - Getting Started in Years 7 & 8

Tuesday, 17 November 12pm-1pm OR
 Wednesday, 25 November 12pm-1pm

Imagining Webinars will cover:

• Developing a vision for employment • Strengths, passions, interests • The value of community connections

Discovering Work - Getting Started in Years 9 & 10

• Wednesday, 18 November 12-1pm OR • Thursday, 26 November 12-1pm

#### Discovering Work - The Next Steps in Years 9 & 10

Wednesday, 2 December 12-1pm Discovering Webinars will cover: • Strengths-based conversations • Creative work opportunities • Exploring pathwarys to work

Finding Work - Getting Started in Years 11 & 12 • Tuesday, 24 November 12-1pm OR • Monday, 30 November 12-1pm

Finding Work - The Next Steps in Years 11 & 12

• Tuesday, 8 December 12pm-1pm
Finding Webinars will cover:
 • Learnings from work experience - where to next? • Developing a resume and
getting your pitch right - Thinking about working for yoursell? Customised employment and

getting your pitch right • Thinking about working for yourself? Customised employment and nicro-enterprise options

#### Find out more and register at ric.org.au/events

The webinars will include relevant NSW information related to employment. Not residing in NSW? Find out more about your local state/territory:

QLD: Community Resource Unit CRU - cru.org.au | ACT: Imagine More - imaginemore.org.au

This project is being provided as part of the Community Inclusion Capacity Development program through The Department of Social Services







